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# Give your account some TLC.

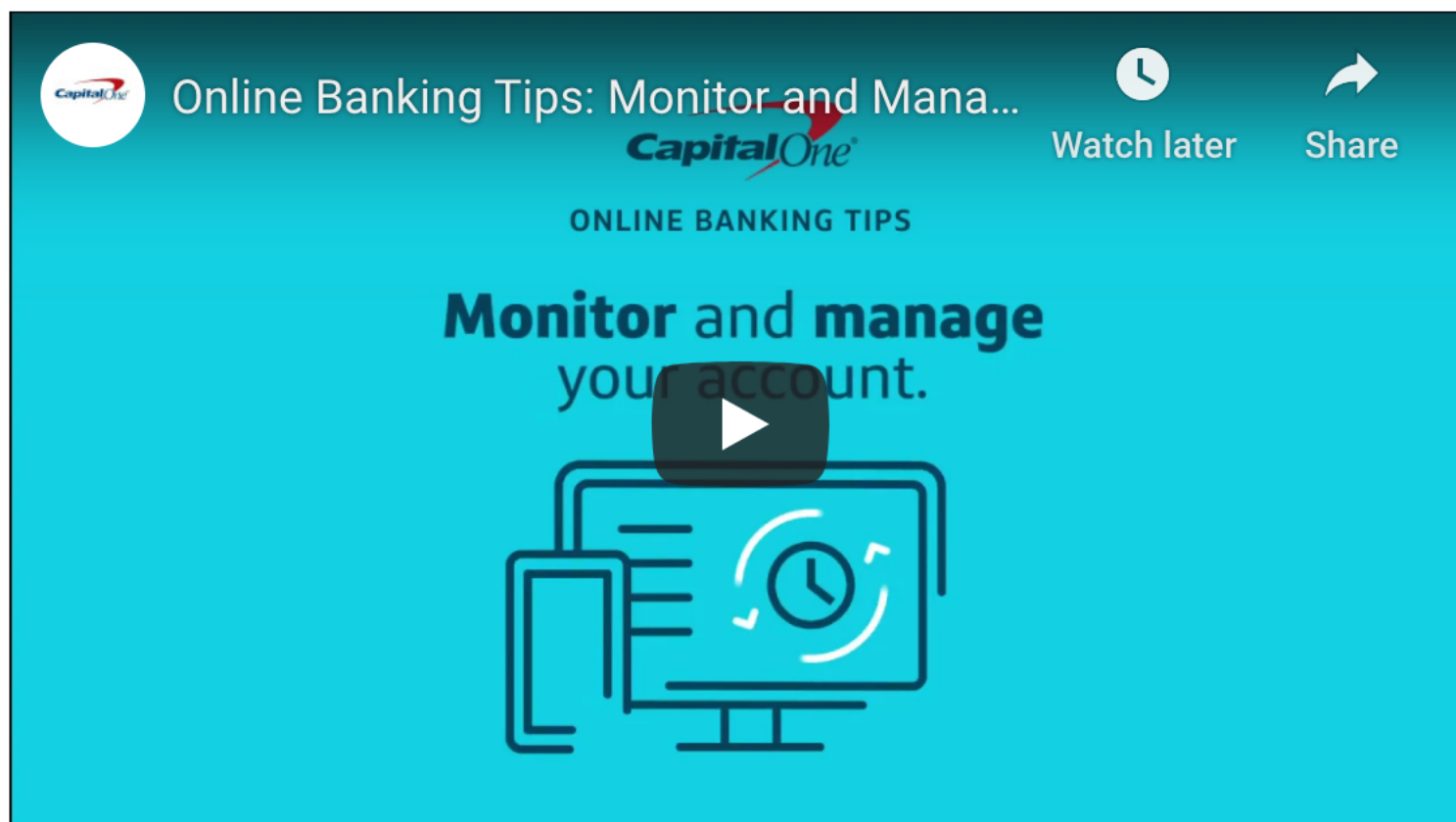


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## The benefits of managing your account often.

Have you ever been surprised by a large credit card bill? Sometimes “autopilot purchases,” such as subscriptions and food delivery orders, stack up behind the scenes. Sometimes errors happen, like being charged twice at your favourite coffee shop. Life can be unpredictable, but your credit card balance doesn’t have to remain a mystery until your statement arrives. Managing your account on a regular basis can help you stay in control of your finances.

If you’re a Capital One cardholder, the easiest way to keep an eye on your account is with [online banking](#). After signing in to your account, you can view your balance, available credit and recent transactions.



When you start to review your account often, you’ll be the first to notice if an unexpected charge appears. If you don’t see it – don’t worry – [we can help spot it for you](#). We’ll send you email notifications about charges on your Capital One credit card that you might not be anticipating†, such as an increase to a recurring bill.

Another benefit of monitoring your account is spotting fraud early on. While fraud doesn’t happen very often, it’s always good to keep an eye out for any unfamiliar charges. When it comes to fraud, you’re not on your own. We have you covered with 24/7 account monitoring and [Zero Liability protection](#) for unauthorized use of your credit card. That means you won’t pay for any unauthorized purchases on your card.

Maintaining your account doesn’t have to be difficult. In fact, it can be quite comforting once you get in the habit.

† Limitations apply. To receive unexpected charge notifications, your Capital One account must be in good standing, you must have an eligible email address on file, and you must not have unsubscribed from commercial emails from Capital One. Not available for some partner credit cards.

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